

# Cricket and vigoro

Guideline review date: 28 October 2021

This guideline is provided to support schools in implementing the [managing risks in school curriculum activities procedure External link](#).

The [CARA planner External link](#) must be used for the specific school context in conjunction with this guideline considering additional risks, hazards and controls and including environmental, facility, equipment and student considerations.

For activities beyond the scope of this guideline, complete a CARA record using the [CARA generic template External link](#).

## Activity scope

This guideline relates to participation in Australian football (AFL) as an activity to support curriculum delivery.

For activities conducted at a non-Department of Education venue, and/or when engaging external expertise, request written risk assessment advice and attach it to this CARA record.

For activities conducted off-site, schools must comply with the [school excursions procedure External link](#).

For activities conducted as part of representative school sport programs, schools should consult with [Queensland School Sport External link](#).

## Risk level

### Medium risk

Cricket or vigoro activities involving regulation equipment

## Activity requirements

If any requirement cannot be met, the activity must not occur.

If any other safety recommendation cannot be met, modify the activity (or elements of it) and/or identify and use the [hierarchy of controls](#) to implement alternative control measures to meet or exceed the minimum safety standard.

Competition rules and procedures with additional or more stringent safety requirements must take precedence.

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### Students

Schools must consider age, maturity and skill level of students when planning curriculum activities.

Adjustments are required for [students with disability](#) to support access and participation in the curriculum. Consult with the parents/carers of students with disability, or when appropriate the student, to ensure risks related to their child's participation in the activity are identified and managed.

Schools must consult current student medical information and/or health plans in accordance with the [managing students' health support needs at school procedure External link](#). Record information about any student condition (e.g. physical or medical) that may inhibit safe engagement in the activity and include specific support measures within emergency procedures.

### Emergency and first-aid

Emergency plans and injury management procedures must be established for foreseeable incidents (e.g. evacuation procedure, provision of [first aid](#)).

Adult supervisors must have:

- emergency contact details of all participants
- a medical alert list and a process for administering student medication
- communication equipment suitable to conditions (e.g. mobile phone) and a process for obtaining external assistance and/or receiving emergency advice.

Safety procedures must be determined for the location (e.g. out-of-bounds areas, location of first aid support and equipment, [boundary safety External link](#)).

Safety procedures for net practice must consider multiple batters, positioning of batters according to handedness, multiple balls being struck at once and moving balls. Note: maximum 6 bowlers allowed per practice net.

Access is required to [first aid equipment \(DOCX, 479KB\)](#) and consumables suitable for foreseeable incidents.

An adult with current emergency qualifications is required to be quickly accessible to the activity area.

Emergency qualifications include:

- [HLTAID009—provide cardiopulmonary resuscitation \(CPR\) External link](#) or equivalent
- [HLTAID011—provide first aid External link](#) or [SISSS00118—sports trainer level 1 External link](#) or equivalent.

## Induction and instruction

Induction is required for all adult supervisors on emergency procedures and safety procedures. If the activity is conducted at an off-site facility, induction is to be informed by advice provided in consultation with expertise at the venue.

Instruction is required for students and adult supervisors on correct techniques (e.g. safe batting/fielding/running between the wickets).

## Consent

[Parent consent \(DOCX, 306KB\) External link](#) is required for all activities conducted off-site.

## Supervision

Principals make final supervision decisions for the activity. Sufficient adult supervision must be provided to manage the activity safely (including emergency situations).

For activities with students with a medical condition or disability that may impact on safety during the activity, consultation with parents is required prior to allocating supervision to determine the impact of students' medical condition or disability on safety during the activity.

The number of adult supervisors required to fulfil emergency and supervision roles must consider the nature of the activity, students' ages, abilities and specialised learning, access and/or health needs.

Before the activity, all adult supervisors:

- must be familiar with the contents of the CARA record.

During the activity, all adult supervisors:

- must be readily identifiable
- must closely monitor students with health support needs
- must comply with control measures from the CARA record and adapt as hazards arise
- must suspend the activity if the conditions become unfavourable (e.g. extreme temperatures).
- must NOT permit players under 14 to field in close (within 10m of the bat in arc from point to fine leg)
- must only allow 6 bowlers maximum per practice net.

## Supervisor qualifications

Principals make final decisions in determining supervisor capability (competence, relevance and currency) and are responsible for encouraging and enabling school-based activity supervisors to raise their qualifications to improve safety standards.

All adult supervisors must comply with the [working with children authority—Blue Cards procedure External link](#) and be able to identify, and respond to, risks or hazards that may emerge during the activity. A registered teacher **must** be appointed to maintain overall responsibility for the activity.

For **medium risk** activities:

At least 1 adult supervisor must be:

- a registered teacher with competence (knowledge and skills) in teaching cricket or vigoro or
- an adult supervisor, working under the direct supervision of a registered teacher, with accreditation as a [community \(level 1\) coach External link](#) from Cricket Australia or similar.

## Facilities and equipment

The qualified adult supervisor of the activity, in consultation with the principal, determines the requirements for facilities and equipment appropriate to the local context.

Location must be suitable for the activity being undertaken to ensure safe participation and that safety rules and procedures can be followed.

Equipment must be fit-for-purpose, sized to match the ability and strength of students and used in accordance with the manufacturer's instructions.

Bats must have correctly fitted, non-slip grips/binding.

Helmets, if worn, must have a faceguard that complies with the Australian Standard (AS/NZS4499: 1997 'Protective Headgear for Cricket').

Participants must wear [personal protective equipment \(PDF, 163KB\)](#) appropriate to the activity

- All players must wear enclosed footwear.
- Batters must wear a helmet and a protective cup (if appropriate). Additionally, cricket batters must wear leg pads and gloves.
- Wicket-keepers must wear pads, gloves and a protective cup (if appropriate). A helmet must be worn when keeping up to the stumps.
- In close fielders (fielding within 10m of the bat in arc from point to fine leg) must wear a helmet, protective cup (if appropriate) and shin pads.

## Common hazards and controls

Further to those listed, include any additional hazards and control measures considering the local context of the activity.

Environmental hazards	Control measures
<b>Biological hazards</b> Body fluids (e.g. blood, saliva, sweat)	Manage bodily substances (e.g. blood) and open wounds before, during and after the activity. Consult <a href="#">infection control guidelines (PDF, 630KB)</a> and Queensland Health's <a href="#">exclusion periods for infectious conditions poster (PDF, 1.5MB) External link</a> for hygienic practices and first aid.

	Follow appropriate cleaning and hygiene management practices when using shared equipment (Departmental staff search "cleaning advice for shared equipment" in OnePortal).
<b>Environmental conditions</b> Weather, sun, humidity	<p>The school's <a href="#">sun safety strategy</a> must be followed.</p> <p>Assess weather (<a href="#">Bureau of Meteorology External link</a>) and environmental conditions prior to participating outside. Follow the <a href="#">managing excessive heat in schools guidelines</a> when participating in very hot or extreme heat conditions.</p> <p>Ensure drink breaks occur regularly. Make water available for individual participants between drink breaks.</p> <p>Dry bat grips before each bowl if conditions cause dampness. Umpires to carry drying rags.</p>
<b>Playing surface</b>	<p>Conduct a field check to identify and manage surface hazards. Check outfield and bowler run-up for loose items or debris. Do not participate on a surface that is slippery, unduly rough or chopped up.</p> <p>Cover/fill playing surface hazards (e.g. sprinkler heads, holes) to be level with the surrounds.</p>
<b>Facilities and equipment hazards</b>	<b>Control measures</b>
<b>Boundary clearance</b>	<p>Clearly define the playing and boundary areas, including a 3m boundary clearance from any object (e.g. fence, wall), prior to play commencing.</p> <p>Clear the space between the boundary and the fence from trip hazards.</p>
<b>Chemicals</b>	<p>All chemicals in schools must be managed in accordance with the department's <a href="#">chemical management External link</a> procedure. All chemicals used in curriculum activities, except consumer chemicals, must be recorded in the school <i>Chemwatch</i> manifest. Consumer chemicals must be managed according to label instructions.</p> <p>Lines are marked in accordance with the <a href="#">line marking of sports fields (PDF, 394KB)</a> fact sheet.</p>
<b>Fast moving objects</b>	Position left and right-handed participants to ensure maximum player visibility.
<b>Faulty or dangerous equipment</b>	<p>Ensure protective netting, pitches and approaches are in good condition.</p> <p>Remove hazards from the practice net area (e.g. broken glass, bags).</p> <p>Use markers made from non-injurious material (e.g. cardboard, foam).</p>

	<p>Check equipment for damage before and during the activity.</p> <p>Do not use personal protective equipment with cracks, dents or damage.</p>
<b>Sharp objects</b>	Use stumps without metal tips or ragged ends.
<b>Student considerations</b>	<b>Control measures</b>
<b>Manual handling</b>	Use correct <a href="#">manual handling</a> processes when lifting, lowering, pushing, pulling or carrying
<b>Physical contact</b>	Manage injuries according to established procedures. if in doubt, do not allow students to return after injury until medically cleared.
<b>Physical exertion</b>	<p>Conduct <a href="#">warm-up/cool-down External link</a> activities.</p> <p>Continually monitor participants for signs of fatigue and exhaustion.</p> <p>Consider bowling workload and duration of batting spell.</p> <p>Consult <a href="#">Cricket Australia External link</a> for appropriate length of bowling spells.</p>
<b>Sharp objects</b>	<p>Remove accessories (e.g. jewellery, lanyards) before participating.</p> <p>Ensure fingernails and hair clothing (e.g. pockets) do not interfere with the activity.</p>

## Additional links

- [Cricket Australia rules and regulations External link](#)
- [Queensland Cricket—schools External link](#)
- [Queensland School Sport External link](#)
- [Sports Medicine Australia injury fact sheets External link](#)

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